



# Are you migrating abroad with an immigrant visa? You need to attend the CFO-PDOS/Peer session!



Go online now to reserve and register in CFO-Manila

## R&R Online System Procedure

- Go to [http://cfo.ph/pdos\\_reservation/](http://cfo.ph/pdos_reservation/) and click the “I already have...” button if you have already secured your immigrant visa.
- Answer all preliminary questions to verify if you are required to attend the PDOS or Peer Counseling Program. Provide your email address and click “Submit”.
- Check your e-mail account (spam/inbox) and open the confirmation link sent by CFO-Manila. Click the “Confirm Email” button.
- Provide information as specified in the form “PERSONAL INFORMATION” page.
- If you are required to attend the PDOS, you will be directed to the “SET YOUR SCHEDULE” page. Click the calendar to select your preferred date to attend the PDOS/PEER session and select your preferred time (AM/PM) session.
- Click the “Proceed to registration” button to accomplish the on-line registration form using the R&R PDOS on-line system.
- Please upload your recent clear photo and supply correct and complete information in all the fields required in the on-line registration form.
- Download and print the barcoded confirmation form. Bring this document together with all the other requirements to CFO on your appointed date. You do NOT need to print your registration form. Please come at least 2 hours before your scheduled PDOS/PEER session to give us time to verify your on-line reservation and the required documents.

## Requirements for Registration

1. Original and photocopy of **valid passport**
2. Original and photocopy of **visa**
3. One (1) 2”x2” or passport-size **photograph**
4. One (1) **valid identification card with photograph** (eg., SSS ID, GSIS E-card, PRC ID, driver’s license, etc.)
5. Original and photocopy of **Confirmation of Permanent Residence** (for Canada-bound emigrants)
6. Clear photocopy of **Immigrant Data Summary** (please do not detach from yellow packet) for US-bound emigrants, except for K visa holders
7. Original and photocopy of **Certificate of Eligibility** (for Japan-bound emigrants)
8. Original and photocopy of **Nulla Osta** (for Italy-bound emigrants)
9. Original and photocopy of **letter of approval for Work to Residence visa** (for New Zealand-bound emigrants)
10. Printed copy of **Visa Grant Notification Letter** (for Australia-bound emigrants)
11. Photocopy of **employment contract** (for immigrant workers)
12. Payment of **Php400.00 registration fee**
13. Attendance in the **PDOS or Peer Counseling session**.

## What is the Pre-departure Orientation Seminar (PDOS) in CFO?

Filipino emigrants or those leaving the country to settle permanently abroad are required to register with the Commission on Filipinos Overseas (CFO), and attend the Pre-Departure Orientation Seminar (PDOS) or Peer Counseling Session. Topics discussed include travel regulations, immigration procedures, cultural differences, settlement concerns, employment and social security concerns, and rights and obligations of Filipino migrants.

The PDOS is for emigrants petitioned by their parents, siblings, or immediate relatives, including independent applicants who are 20-59 years old. The Peer Counseling Program is for emigrants aged 13-19 years old.

To attend the Pre-Departure Orientation/Peer Counseling Program at CFO Manila, clients are required to use the RESERVATION and REGISTRATION (R&R) Online System. Attendance at the Pre-Departure Orientation/Peer Counseling Program at CFO Cebu is on a first-come, first-served, walk-in basis. The Commission will only accept emigrants with complete registration requirements.

# SCHEDULES

## CFO-MANILA *Thru the R&R PDOS Online System*

<b>Pre-Departure Orientation Seminar (PDOS)</b> <i>for emigrants 20-59 Years Old</i>	Country	Day	Time	
	United States of America	Mondays, Wednesdays and Thursdays (70 slots)*	10:00 am - 12:00 nn	
		Tuesdays and Fridays (70 slots)*	2:00 pm - 4:00 pm	
	Canada	Monday to Friday (60 slots)*	9:30 am - 12:00 nn	
	Europe	Tuesdays and Fridays (70 slots)*	10:00 am - 12:00 nn	
	Australia and New Zealand	Tuesdays and Fridays (60 slots)*	2:00 pm - 4:00 pm	
	Japan and other Asian countries	Mondays and Thursdays (70 slots)*	2:00 pm - 4:00 pm	
<b>Peer Counseling</b> <i>for youth emigrants 13-19 Years Old</i>		Country	Day	Time
		All Countries	Monday to Friday (25 slots per session)	9:30 am - 12:00 nn
			2:00 pm - 5:00 pm	

\* Due to the capacity of venue

## CFO-CEBU *No Reservation/First-come, first-served basis*

<b>Combined Pre-Departure Orientation Seminar and Peer Counseling Session</b>	Country	Day	Time
	United States of America and Canada	Monday to Friday (40 slots)*	10:00 am - 12:00 nn
	Australia and New Zealand	Mondays and Wednesdays (40 slots)*	10:00 am - 12:00 nn
	Japan	Tuesdays and Thursdays (40 slots)*	10:00 am - 12:00 nn
	Europe and other countries	Fridays (40 slots)*	10:00 am - 12:00 nn

\* Due to the capacity of venue

## ~~PDOS~~ Exemptions

The following emigrants are exempted from attending the PDOS and registering in person with the CFO, provided that they are registered by a proxy:

- Senior citizens (60 years old and above);
- Those incapacitated due to permanent or long-term ailments; or
- Those with mental health issues or psychologically-challenged.

To register any of the above emigrants, the proxy is required to present the following documents in addition to the usual required documents:

- Medical certificate/report (except those 60 years old and above)
- Letter of authorization from the emigrant (if applicable to the case); and
- Original and photocopy of a valid identification card with photograph of the proxy.

Proxies who are NOT the legal/natural/biological adoptive parent of children 12 years old and below must present the following documents:

1. One (1) original and photocopy of valid identification card with photograph of the proxy
2. Special Power of Attorney (SPA) authenticated by the Philippine Embassy/Consulate if parent/s or guardian/s is/are based overseas; or a duly notarized authorization letter executed by parent/s or guardian/s while in the Philippines; and
3. Other documents that may be required by the registration officers.

### For questions, please contact:



**CFO-Manila**  
1345 Citigold Center, President Quirino Ave., cor. South Superhighway, Manila 1007  
Tel: (+632) 552-4700 locals 712 to 713 and 740 to 745; Fax: (+632)552-4714  
Email: rrpdos@cfo.gov.ph  
Website: www.cfo.gov.ph



**CFO-Cebu Extension Office**  
4th floor K&J Building  
#4 Don Julio Llorente St., Capitol Site, Cebu City 6000  
Telefax: (+6332) 255-5253  
Email: cfocebu@cfo.gov.ph



Office of the President of the Philippines  
**Commission on Filipinos Overseas**

**1343 ACTIONLINE**  
**AGAINST HUMAN TRAFFICKING**

**Report Human Trafficking!**  
**Call or Text 1343**  
Call (02) 1343 if outside Metro Manila

E-mail: 1343actionline@cfo.gov.ph  
Facebook: fb.com/1343actionline  
Web reporting: 1343actionline.ph

Or through the 1343 Actionline Mobile App

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